



MARIAN COLLEGE KUTTIKANAM  
( AUTONOMOUS )

# GENDER SENSITIZATION ACTION PLANS

Submitted to  
**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)**  
FOURTH CYCLE OF ASSESSMENT

**Year 2016-17**

<b>Sino</b>	<b>Date</b>	<b>Topic</b>	<b>Objective</b>	<b>Outcome</b>
1.	16/07/2016	Self- defence training	Ensure self-protection for girl students	Strengthen physical fitness
2.	01/06/2016 to 31/03/2017	Tailoring class	To teach the basics of tailoring.	Self - employment
3.	12/12/2016	Seminar on Women and Legal Rights	Provide legal awareness about women rights	Women development
4.	08/02/2017 & 09/02/2017	Gender audit	To promote organizational learning on how to implement gender mainstreaming effectively in the policies, programmes and structures of the institution	Assess the impact of organisational performance and its management on gender equality

**Year 2017-18**

<b>Sino</b>	<b>Date</b>	<b>Topic</b>	<b>Objective</b>	<b>Outcome</b>
1.	27/07/2017	Interactive session with Judicial Magistrate	Goal-oriented approach to studies	Develop competence
2.	14/01/2018	Seminar - Gender Awareness' and 'Contradictory Foods'	Create awareness among rural women	Gender awareness and development
3.	28/11/2017	Jewellery making workshop	To teach the basic skills in Jewellery making.	Develop entrepreneurial skills.
4.	23/02/2018	National seminar - Defining Today's Woman: Towards a New Paradigm'.	To ensure Women involvement at each stage of peace and development process.	Women empowerment
5.	08/03/2018	Visit to Orphanage	Change perspective towards life	Social and professional development



**Year 2018-19**

<b>Sino</b>	<b>Topic</b>	<b>Date</b>	<b>Objective</b>	<b>Expected outcome</b>
1.	Inauguration and Seminar on Stress Management	07/09/2018	Understand the nature of stress and its impact on health and behaviour	Develop proactive responses to stressful situations
2.	First aid and CPR training	11/19/2018	Learn the basic knowledge and understanding of first aid.	Able to assess situations to provide first aid safely
3.	Visit to nearby School	20/12/2018	To support the poor children of nearby premises	Develop social commitment towards society
4.	Observing National Girl Day	24/01/2019	Promoting awareness about the rights of girl child.	Spread awareness about gender inequality.
5.	Tailoring Class	01/06/2018 to 01/03/2019	Enhance the quality of life by acquiring sewing skills	Self-employment
6.	Seminar on Fashion Technology	31/01/2019	To promote an understanding of Fashion and textile design.	Find out career in Fashion design
7.	Self-defence training	01/06/2018 to 01/03/2019	Ensure self-protection for girl students	Strengthen self-confidence, defence mechanism and physical fitness of girl students.
8.	Medical Camp	27/01/2019	Provide health related services.	Distribute free medicines and medical services to the nearby people



**Year 2019-20**

Sino	Date	Topic	Objective	Outcome
1.	09/07/2019	Seminar on 'Laws For The Protection and Care of Women and Children'	Promotion of law reform and policy initiatives on women and child rights	Women empowerment
2.	29/07/2019	Fire and Safety Training Program	To raise awareness of fire hazards	Act safely in the event of an emergency fire situation using fire extinguisher.
3.	19/09/2019	First aid Training	Equips the learner with practical skills for first aid treatment	Knowledge and confidence to deliver lifesaving assistance
4.	04/12/2019	Workshop on Cake making and Designing	Teach basic cake making and decorating skills	Develop professional skills in cooking
5.	18/12/2019	Visit to Assisi Orphanage	Change perspective towards life	Social and professional development
6.	01/06/2019 to 01/03/2020	Tailoring Class	To teach the basics of tailoring.	Self - employment
7.	29/01/2021 to 31/01/2021	Workshop on 'Paper Bag Making'	Create awareness about the threat of plastic bags in the environment	Develop Paper bag making skills
8.	31/01/2021	Gender Awareness Seminar	To contribute towards a gender-sensitive society	Achieve social, political and economic development goals
9.	14/02/2021	Kalaripayattu Training	Teach the skills of martial arts	Acquire self-defence skills



**Year 2020-21**

<b>Sino</b>	<b>Date</b>	<b>Topic</b>	<b>Objective</b>	<b>Outcome</b>
1.	14/11/2020	Seminar on 'Role of Women in Society'	Enhancing the social status of women	Women empowerment
2.	20/11/2020	Webinar – Gender in Everyday Life	Address gender issues	Gain self-confidence, peer acceptance and social support
3.	17/12/2020	Craft Workshop	Promote arts and creativity	Develop Craft work
4.	11/01/2021	Cooking class	Provide ideas and hands-on experience in food preparation	Understand world cultures, customs flavours and life skills.
5.	23/01/2021	Webinar – Cyber Crimes and Women Precautions	Create awareness about cyber laws	Women empowerment
6.	11/02/2021	Webinar - 'Relationship Management, the secret of Happiness in Life'	Strategies for practising happiness in daily life.	Relationship management
7.	08/03/2021	Observing International Women's day	To honour women and their achievements	Platform to help forge positive change for women.

