



MARIAN COLLEGE KUTTIKANAM  
( AUTONOMOUS )

# Counselling Department

Submitted to  
**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)**  
FOURTH CYCLE OF ASSESSMENT

Marian follows an inclusive perception of counselling in higher education- incorporating all the domains of modern counselling like educational, psychological, career and developmental counselling. The College has a counselling department with trained male and female counsellors to support the students in all their emotional problems and assist them to thrive in the society. Regular counselling sessions are scheduled for the students to identify their emotional as well as educational and personal issues. The students are always encouraged to meet the counsellors whenever they feel a need for personal support to tackle their strain or improve their academic proficiency. The Counsellors also facilitate to improve student- faculty interactions.

List of professional counsellors in the campus

1. Sr Elizabeth CMC  
[sr.elizabeth@mariancollege.org](mailto:sr.elizabeth@mariancollege.org),  
Phone - 9745903229
2. Fr Benny Kalyaniyil  
[Fr.binny@mariancollege.org](mailto:Fr.binny@mariancollege.org)  
Phone - 9744046919
3. Ms Princy T Sebastian  
[Princy.sebastian@mariancollege.org](mailto:Princy.sebastian@mariancollege.org)  
Phone – 9744003692
4. Mr Balu B Pillai  
[Balu.pillai@mariancollege.org](mailto:Balu.pillai@mariancollege.org)  
Phone – 9746922464
5. Dr Reni Thomas  
reni.thomas@mariancollege.org  
Phone - 6282516435

**Link to register a counselling**

[https://docs.google.com/forms/d/e/1FAIpQLSfI2bRrTFJrbimSVHVu5xaSITbW\\_2JRYpFyg78HIV-zTvqofA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfI2bRrTFJrbimSVHVu5xaSITbW_2JRYpFyg78HIV-zTvqofA/viewform?usp=sf_link)





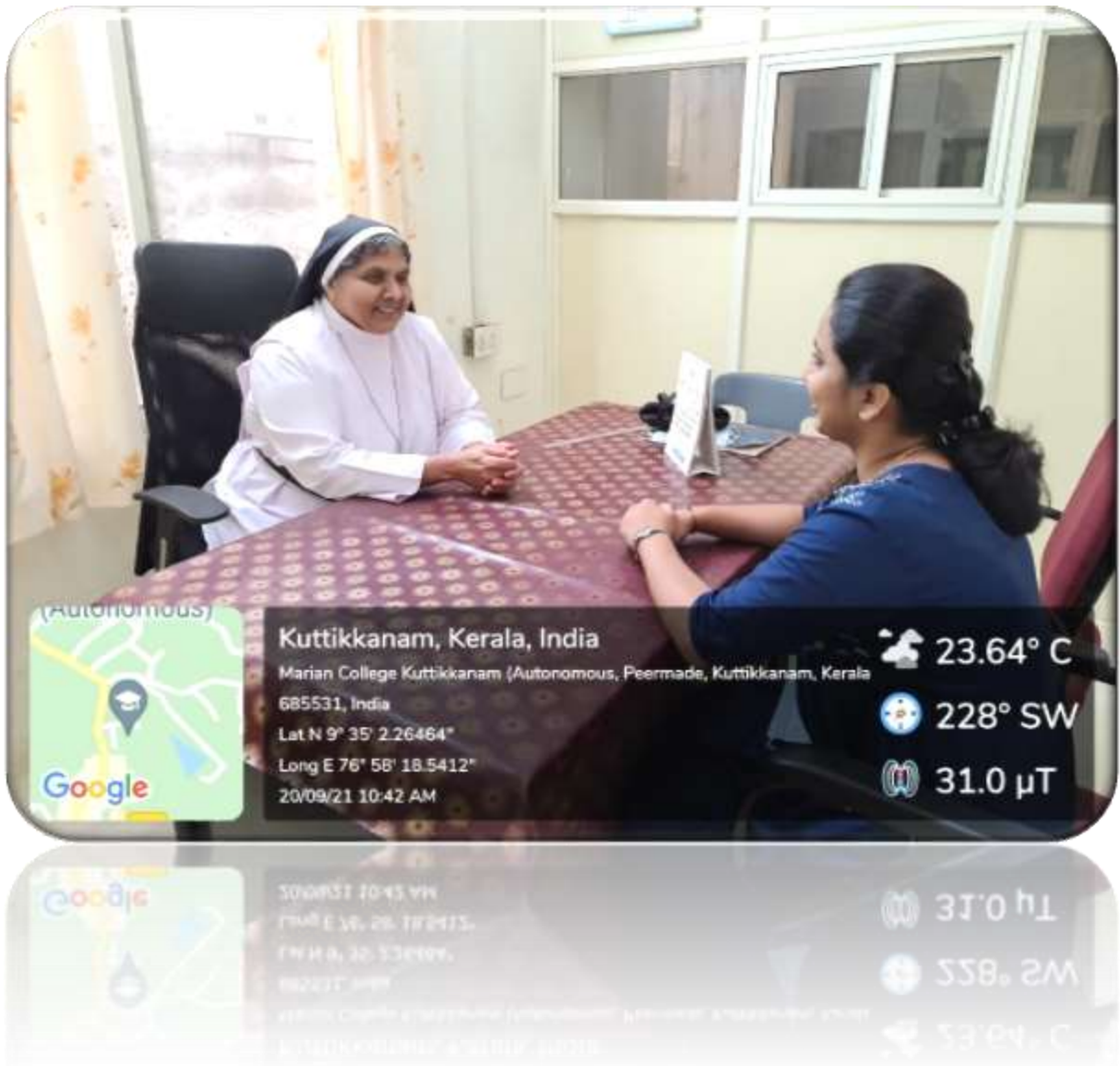
**Providing professional assistance and guidance in resolving psychological problems for girls**





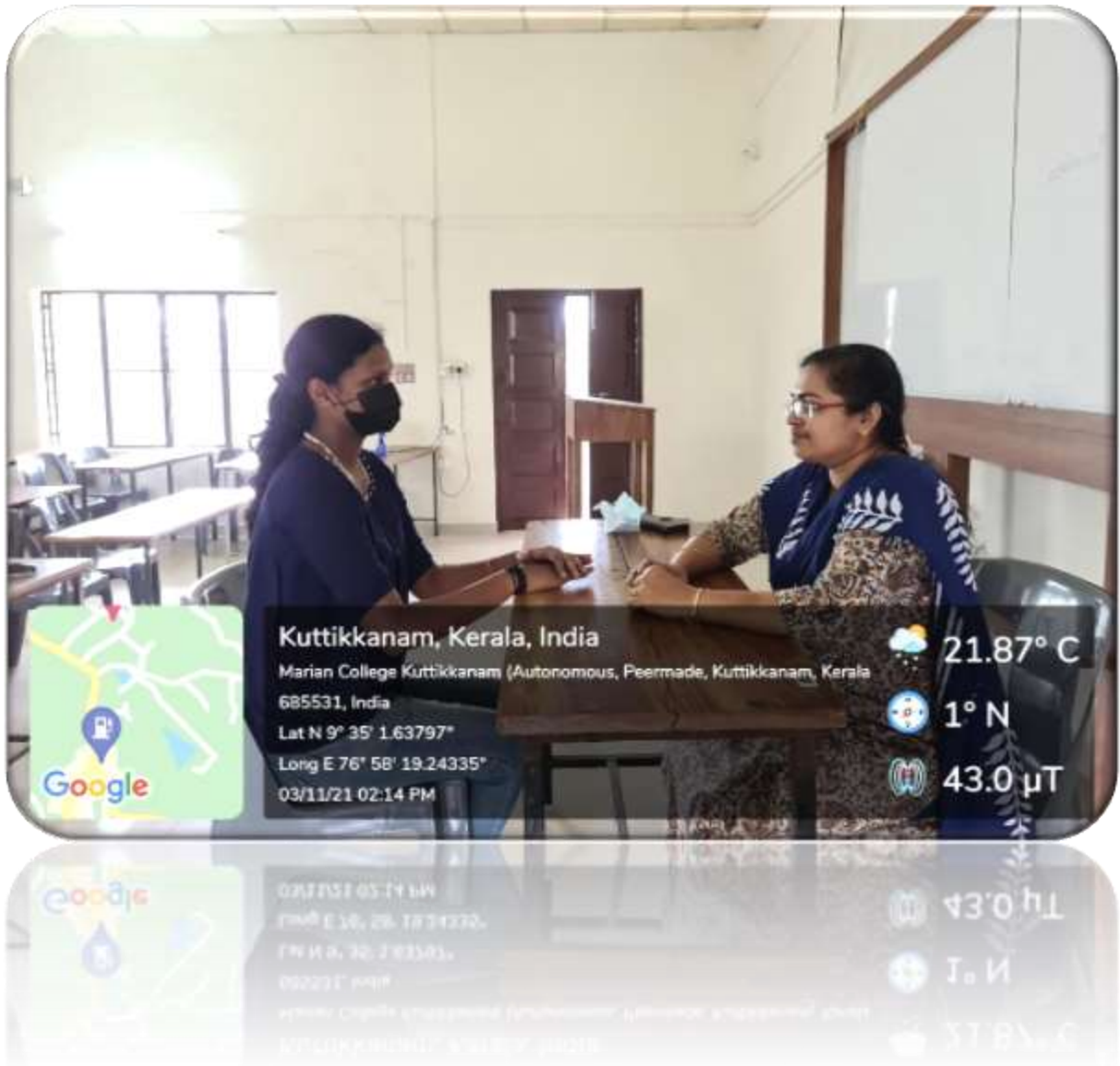
**Counselling session – supporting students to face challenges in life**





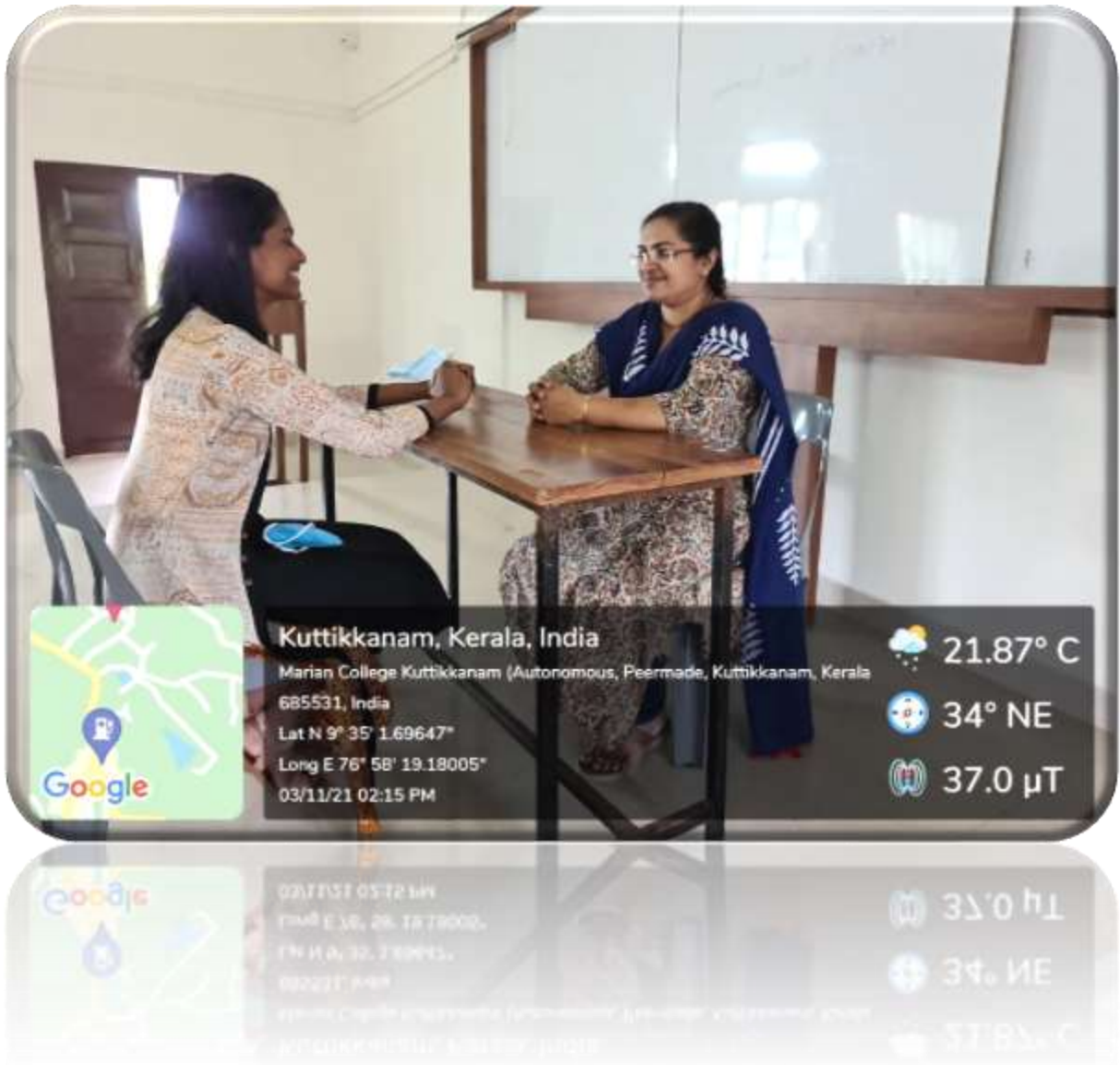
**Counselling makes them more aware about their choices and goals**





**Providing a happy and comfortable environment for girls to discuss their problems regarding their academic and social life.**





**Girls talk openly and discuss their issues during counselling**





**Counselling session, dealing with anxiety and stress of students.**

