Women cell Report (2019 – 20)

➢ Inauguration & Seminar

The activities of Women cell 2019-20 was inaugurated on 9th July by Adv. Vivina Sasidharan, followed by a seminar on ‘Laws For The Protection and Care of Women and Children’. The seminar was aiming at highlighting different issues underlining women and children. She spoke about child protection laws, women empowerment and domestic violence.

➢ Fire & safety training program

The Fire Safety Training program was conducted on 29th July for our students to raise awareness of fire hazards in the workplace and had demonstration on how to act safely in the event of an emergency fire situation using fire extinguisher.
➢ **Exempore competition**

A speech competition on ‘Women Empowerment’ was organized for our students on 29th August and the winners are Prajith R (I prize) & Anju Theresa Roby (I Bcom A).
➢ **First Aid training programme**

Women cell organized a First-aid training programme on 19th September. Two Faculty members from Medical Trust Hospital, Mundakkayam engaged the session. This training helped the students with the knowledge, practical skills and understanding required to provide appropriate first-aid treatment.
➢ Workshop on Cake making & Designing

Organized a workshop on Cake making and Designing by Mrs Meera Manoj, Professional cake designer, Meera’s kitchen, Kochi on 4th December.
➢ **Visit to Assisi Orphanage**

Members of Women cell visited Assisi orphanage, Chotty, an old age home on 18\textsuperscript{th} December to celebrate the joy and peace of Christmas and sang melodious songs for them. The elders were very happy, overjoyed and cheered for the students and some even danced and sang with them.

New clothes and sweets were distributed to everyone. It was overwhelming to see elders face lit up with joy during these moments of Christmas Celebrations.
➢ Tailoring class

Stitching of garments at home is a money saving device for lower middle income group. Besides tailoring can be a vocation for self employment. Women cell is organising a tailoring training program for our students.
➢ Three-day training on Paper bag making

A three day program on harmful effects of plastic use training on paper bag making was organized from 29th to 31st January 2020. Thirty students are trained by Ms Jainy Jose, the Domain Skill Trainer.
➢ Gender Awareness Seminar

A Gender awareness seminar was organized on 31st by Dr Neena Joseph, Former Professor, Institute of Management In Government. She spoke about how to change attitudes, behaviours and beliefs that reinforce inequalities between women and men. Around 50 students participated in the seminar.
Gender Sensitization & Empowerment of women.

Dr. Naveen Joseph, Former Professor, Institute of Management in Government Akkadev
necsty@gmail.com

31 January 2020
➢ Kalaripayattu Training

Kalaripayattu is an Indian martial art and fighting style that originated in Kerala. On 14th February, Shri O K Jagadesh and team from Oolikkal Kalari Sangham, Velliyanmukandam was invited to the campus for giving training for our students. This training aims at the ultimate co-ordination of mind and body.